

Red

GET MORE SPACE WITHOUT MOVING HOUSE
PLUS 20% OFF AT HABITAT

FIND INSPIRATION

'A five-minute idea got me my dream 9-5'

best things in life

008 £3.30
magazine.co.uk

SUMMER DRESSING SOLVED

£20 SHOES YOU'LL WEAR AND WEAR
WEEK-END STYLE SAVERS
EASY, BREEZY HOLIDAY WARDROBE

5 YEARS OFF
YOUR FERTILITY AGE

Style at every age

Yasmin Le Bon and Red's best-dressed women share their secrets



20-PAGE BODY-CONFIDENCE SPECIAL

LOSE WEIGHT AND BOOST YOUR MOOD



the way you eat in 4 days • 10-minute fitness plan • 2-week mind/body workout

FASHION * HOMES * FOOD * SHOPPING * BEAUTY



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travel
3 miracle products to keep you beautiful
from take-off to landing and beyond
thisworks™

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1 LEATHER LUGGAGE LABEL, £55, SMYTHSON. 2 STICKERS, £12.95 FOR 24, THE CONRAN SHOP. 3 CITY GUIDES, FROM £6.99 EACH, ALL TIME OUT. 4 COTTON TOP, £50, THE WHITE COMPANY. 5 CASHMERE-MIX SHAWL, £38, CATH KIDSTON. 6 SUNGLASSES, £220, DAVID CLULOW. 7 LEATHER PASSPORT HOLDER, £10, RED DIRECT. 8 TRAVEL CANDLES, £18, COWSHED AT HEAL'S. 9 LAVENDER EYE MASK, £32.50, HOLISTIC SILK. 10 SUEDE AND LEATHER HOLDALL, £295, BRIC'S AT HARRODS. 11 BROWN LEATHER BAG, £238, RED DIRECT. 12 COTTON TOP, £50; LEATHER SANDALS, £30, BOTH THE WHITE COMPANY. 13 COTTON TROUSERS, £75, NOUGAT. 14 STICKERS, £12.95 FOR 24, THE CONRAN SHOP. 15 MR & MRS SMITH HOTEL COLLECTION, £19.95, THE CONRAN SHOP. 16 WOOL BLANKET, £95, TOAST. 17 LEATHER SUITCASE, £330, GLOBE-TROTTER. 18 LEATHER BAG, £445, PICKETT. 19 SCARF, STYLIST'S OWN. 20 ANTIQUE TRAVEL PILLOWCASE AND PILLOW, £14, LUNN ANTIQUES. 21 PLASTIC HANGER, £5, STORE. 22 COTTON MAKE-UP BAG, £14; SHOWER CAP, £12; FACE BRUSH, £9.50, ALL LIBERTY. 23 COCO EAU DE PARFUM, £49.50, CHANEL. 24 CLOCK, £35, NEWGATE. 25 CARDBOARD SPEAKERS, £19.95, MUJI. 26 COTTON TOWEL, £18, TOAST. 27 TRAVEL CANDLES, £25 EACH, BAMFORD. 28 TRAVEL SET, £35, THIS WORKS. 29 T2 CYBERSHOT CAMERA, £249.99, SONY.